

HEARING LOSS

SIGNS & EFFECTS



KNOW THE SIGNS



Trouble hearing on the phone



Trouble hearing in noisy environments



Having to constantly turn up the volume of the TV



Constantly saying "What?"



Tired from straining to hear conversations



Often hearing muffled sounds

KNOW THE EFFECTS



Depression & anxiety



Increased risk of falling



Low self-confidence & self-esteem



Tiredness & fatigue



Stress



Loneliness & isolation



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